7-Keto™ DHEA

DESCRIPTION
DHEA is a natural steroid prohormone for the sex hormones. 7-Keto is a metabolite of DHEA which has been shown to have action in the body to support energy production, lean muscle and a healthy immune system. Although 7-keto is a metabolite of DHEA, it does not exhibit any hormonal side effects shown in research of supplementation of DHEA.

INGREDIENTS PER SERVING
7-Keto™ DHEA (3-Acetyl-7-oxo-dehydroepiandrosterone) 25 mg
Other ingredients: Rice flour, gelatin, water.

MECHANISM OF ACTION
DHEA acts as a precursor to the sex hormones estrone, estradiol and testosterone, which are correlated with a variety of functions in the body. It is produced from cholesterol in the adrenal glands, gonads, adipose tissue, brain and the skin. The amount of DHEA produced in the body declines after age 30 with about 50% drop by age 40 and 85% by age 70. It is unclear exactly how DHEA or its metabolites are related to the aging process.

CLINICAL EVIDENCE*
In a recent study it was shown that supplementation with 7-Keto DHEA did not show any negative side effects when given at a dosage of 200 mg per day for 4 weeks. 7-Keto DHEA has been recently tested in a double-blind, crossover, placebo controlled trial to analyze the effect that the DHEA metabolite supplement has on the resting metabolic rate (RMR) of obese subjects. During the 3 week period subjects had a calorie restricted diet which should have adversely affected metabolic rate. Instead, during the treatment period with 7-Keto DHEA the RMR of the participants increased significantly compared with baseline. The treatment was well tolerated and no serious side effects were reported.

REFERENCES

ADVERSE REACTIONS
Pregnant or breast feeding women should consult a physician before use of this product.

STORAGE
Store between 20-25 °C (68-77 °F).

RECOMMENDED USE
Take 1 capsule daily, or as recommended by a health care professional.

 Sold Exclusively Through Healthcare Professionals