



Fibro Calm™

DESCRIPTION

Fibro Calm™ is a unique combination of eleven powerful nutrients designed to support muscle, tissue, and joint health.

MECHANISM OF ACTION

White Willow Extract: The essential active compounds of white willow tree bark is salicin and other salicylates, compounds that support a healthy inflammation response.

5-HTP: A derivative of the amino acid L- tryptophan, 5-HTP is converted to serotonin, an important neurotransmitter that promotes a positive mood and sleep. Tryptophan is also broken down into ribose and may help to increase energy levels.

Malic Acid: A fruit acid that is essential in the formation of ATP. Malic acid has the ability to allow the body to produce ATP more efficiently, even under hypoxic conditions.

Magnesium Hydroxide: Functions as a coenzyme that aids in calcium absorption as well as nerve and muscle function and possibly increased metabolism for optimal energy.

Glucosamine: An amino polysaccharide concentrated around joint cartilage, it forms proteoglycans that attract fluids to the joint space where increased lubrication of the joint promotes movement.

Chondroitin Sulfate: In the category of glycosaminoglycans, a long chain of specialized polysaccharides, chondroitin is the foundation for proteoglycans that help form connective tissue.

MSM: A metabolite of dimethylsulfoxide (DMSO), MSM is approximately 33% sulfur and plays an essential part in amino acid and protein metabolism, as well as the maintenance of connective tissues.

Boswellin: Boswellic acids inhibit pro-inflammatory cytokines and 5-lipo-oxygenase.

Curcumin: A strong antioxidant that supports a healthy inflammatory response.

Holy Basil: (*Ocimum sanctum*) Contains ursolic acid, which significantly enhances detoxification and helps support the inflammation response.

Hyaluronic Acid: Hyaluronic acid is a major component of joint tissue. It helps to hold lubricating moisture in joints and cartilage, which affects their resilience, elasticity, and strength.

Item number: AM187
 Delivery system: Capsules
 Amount per bottle: 180 capsules
 Serving size: 6 capsules



BENEFITS*

- Optimal support for the muscular-skeletal system
- Powerful combination of anti-inflammatory ingredients for healthy joints
- Proprietary formula to aid in increasing cellular energy

INGREDIENTS PER SERVING

White Willow Bark Extract (standardized to 15% salicin)	30 mg
5-HTP	100 mg
Malic Acid	1,200 mg
Magnesium Hydroxide	300 mg
Glucosamine Sulfate	1,500 mg
Chondroitin	200 mg
MSM	1,000 mg
Boswellin	150 mg
Curcumin (95% curcuminoids)	50 mg
Holy Basil Extract	100 mg
Hyaluronic Acid	50 mg

Other Ingredients: Magnesium stearate, gelatin and water.

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PUBLISHED RESEARCH STUDIES*

The Journal of International Medical Research reported that tender point soreness, pain intensity, anxiety, quality of sleep, and fatigue improved after 90 days in 50% of the FM patients who were taking 5-HTP.

The Journal of Rheumatology published an abstract showing that chondroitin sulfate was shown to be significantly superior to placebo in the treatment of osteoarthritis. Data showed at least a 50% improvement in the chondroitin group versus placebo.

Boswellia has been shown to have anti-inflammatory effects by the inhibition of 5-lipoxygenase as well as other pro-inflammatory molecules. Studies have shown that boswellic acids, the active constituent in boswellia, can be effective in inflammatory conditions such as rheumatoid arthritis.

ADVERSE REACTIONS

Because of the multiple components of Fibro Calm™, the following contraindications are possible:

White Willow should not be taken with blood thinning medications, aspirin, or potassium sparing diuretics.

5-HTP should not be taken with prescription antidepressants such as SSRI's and MAO inhibitors, and Parkinson's disease medications.

RECOMMENDED USE

Take two capsules three times daily, or as recommended by a health care professional.

STORAGE

Store in cool, dry place.

Keep out of reach of children.

REFERENCES

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.