



Enzyme Rx™

DESCRIPTION

Enzyme Rx™ is a comprehensive enzymatic formula that provides nutritional defense against inflammation and pain. Enzyme Rx™ contains the proteolytic enzymes pancreatin, papain, bromelain, trypsin, and chymotrypsin, and the bioflavonoid rutin. Together they provide natural support for painful and aching joints, promote proper function of the inflammatory response system, and help defend against harmful microorganisms.

complexes, help accelerate the elimination of inflammatory compounds to promote healing.

Proteolytic enzymes also shield the synovial lining of a joint against the invasion of activated immune cells such as lymphocytes, monocytes, and granulocytes that target joint tissue for destruction. Furthermore, the enzymes in Enzyme Rx™ work to reduce the number of receptor proteins on the surfaces of immune cells, thereby inhibiting further attacks upon joint tissues. Proteolytic enzymes also help breakdown the adhesion molecules of a cell to stem the flow of activated immune cells toward the site of inflammation.

To ensure safe delivery of the enzymes to the site of inflammation, Enzyme Rx™ utilizes enteric coated tablets to protect the enzymes as they pass through the stomach and into the intestine, where the active enzymes are absorbed into the lymphatic system and dispersed throughout the body to sites of injury and inflammation.

CONTRAINDICATIONS

Proteolytic enzymes may produce a modest anticoagulant effect and should not be used in combination with blood thinning agents.

ADVERSE REACTIONS

Mild gastrointestinal effects such as heartburn may occur in some individuals. Others at risk for gastric or duode ulcers should consider avoiding proteolytic enzymes, which may aggravate ulcerated tissues. Pregnant or lactating women should consult a health care professional prior to use.

RECOMMENDED USE

For optimal digestive support: Take 3 tablets twice daily with meals.

For optimal joint support: Take 3 tablets twice daily, 45 minutes prior to meals or 2 hours after meals.

Or take as recommended by a health care professional.

STORAGE

Store in a cool, dry place.

REFERENCES

1. Ahmed, A. "The Fire Within: Enzyme Therapy for Arthritis Pain." *Total Health for Longevity*. 21(2): 34-35, 1999.
2. Di Fabio, Anthony. *Systemic Enzyme Therapy: Supplement to The Art of Getting Well*. The Arthritis Trust of America. 1994.
3. Wolf M, Ransberger K. *Enzyme Therapy*. New York: Vantage Press 1972; pp 135-220 (review).

Item number: AM162

Delivery system: Enteric coated tablets

Amount per bottle: 200 tablets

Serving size: 3 tablets

INGREDIENTS PER SERVING

| | |
|---------------|--------|
| Pancreatin 4X | 300 mg |
| Papain | 180 mg |
| Bromelain | 135 mg |
| Trypsin | 72 mg |
| Chymotrypsin | 3 mg |
| Rutin | 150 mg |

Other ingredients: silica, magnesium stearate, starch, microcrystalline cellulose, hydroxypropyl methylcellulose phthalate (enteric coating).

MECHANISM OF ACTION

Enzyme Rx™ utilizes proteolytic enzymes to help regulate the inflammation response system. In the body proteolytic enzymes are produced by the pancreas to digest protein, but taken orally they help to dissolve and deactivate the inflammatory compounds that can block optimal healing of injured tissue. Proteolytic enzymes stimulate phagocytic macrophages and reduce inflammation by breaking up large circulating immune complexes that have accumulated at the site of injury or illness and deposited fibrin around traumatized areas to create a barrier to healing.

The fibrinolytic activity of the enzymes assists in restoring and promoting normal microcirculation in these areas. Improved microcirculation, combined with the reduced size of the immune



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